

---

***Don't Just Survive - Thrive:***

***A Prep Course for Directors &  
Assistant Directors of Nursing***

by

**P A D O N A**

Pennsylvania Association Directors of Nursing Administration / Long Term Care

---

# PADONA / LTC

660 Lonely Cottage Drive, Upper Black Eddy, PA 18972 · (610) 847-5396  
Fax (856) 780-5149 · E-mail padona@epix.net

April 2013

Dear Colleague:

As a current or future Director or Assistant Director of Nursing you have or will have a tremendous responsibility. Frequently your responsibilities extend beyond your clinical education.

PADONA is offering to its members a way to strengthen their management expertise through the annual intense three-day prep course entitled "Don't Just Survive - Thrive: A Prep Course for Directors and Assistant Directors of Nursing"! This course brings together noted speakers that are not only experts in their respective fields but have the ability to share knowledge with you in a non-theoretical format, making it easy to apply and immediately use in your facility. The enclosed program material provides detailed information.

Attendees of this program are eligible to receive 19.25 contact hours.

The program is being offered at the Hershey Lodge and Convention Center, West Chocolate Avenue and University Drive in Hershey, PA 17033, on June 12, 13 & 14, 2013 (Wednesday through Friday).

Your registration fee of \$575.00 includes breaks, breakfast and lunch. Attendees are responsible for making their own reservations for local sleeping accommodations. The number for the Hershey Lodge is 717-533-3311. Mention that you are coming with the PADONA group and the rate should be \$169 per night plus taxes.

Once your registration and fee are received in our office you will receive a confirmation e-mail. Registration and payment must be received via mail no later than May 31, 2013 (no on-site payments, please).

Registration is limited to 45 attendees. Attendance at a PADONA DON Prep Course and DON Advanced Course is required for those seeking "CNDLTC" certification.

Our plans are to offer the DON Advanced Course in November 2013. The online examination (fee of \$90 for qualified candidates) will be based upon the contents of both courses. Please contact me if I can provide you with any assistance or information.

Regards,



Susan Piscator  
Executive Director and Board of Directors Chair

*PADONA is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association  
an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

---

Pennsylvania Association Directors of Nursing Administration  
Long Term Care

## Program Details

---

- Location: Hershey Lodge and Convention Center  
West Chocolate Avenue and University Drive  
Hershey, PA 17033  
717-533-3311
- Dates: June 12, 13 & 14, 2013 (Wednesday through Friday)
- Registration: Registration fee includes three days of programming and extensive reference material that attendees will be able to access online for use at their facilities. Attendees of this program are eligible to receive 19.25 contact hours.
- Registration due by: May 31, 2013 (no on-site payments). Registrations after May 31, 2013 may not be accepted.
- Refund/Cancellation Policy: Cancellations must be received in writing prior to the start of the program. Cancellations received after May 31, 2013 will be refunded 50% of the registration fee.

### **Seminar Registration Fee Information:**

The registration fee of \$575.00 includes breakfast, breaks and lunch on June 12, 13 & 14, 2013.

The registration fee does not include overnight accommodations. Attendees are responsible for making their own reservations for local sleeping accommodations, if needed.

**The DON Prep Course is a prerequisite for the DON Advanced Course for CNDLTC Certification, which is planned for November 2013.**

*PADONA is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

**TRAINING SEMINAR  
FOR  
DIRECTORS AND ASSISTANT DIRECTORS OF NURSING IN LONG TERM CARE**

**Wednesday, June 12, 2013**

8:00 AM - 8:30 AM Registration

**DAY 1 – Wednesday, June 12, 2013 - Session 1**

8:30 AM - 2:30 PM **LEGAL ASPECTS IN LONG TERM CARE**

Candace McMullen, RN, NHA, MHA, CLNC

This program will provide participants with:

An overview of the various plaintiff allegations against senior living providers in legal complaints;

An overview of the impact of a facility's policy, procedures, practices, and performance measures in evaluating the provider's defensibility in professional liability claims;

Insight into the most common challenges posed in defending senior living providers in the legal arena; and

A summary of provider practices that will assist them with improving their defensibility.

10:00 AM - 10:15 AM Refreshment Break

12:30 PM - 1:30 PM Lunch

2:45 PM - 3:00 PM Refreshment Break

**DAY 1 - Wednesday, June 12, 2013 - Session 2**

2:30 PM - 4:30 PM **ATTAINING & SUSTAINING COMPLIANCE - THE FINAL ENFORCEMENT REGULATIONS**

Candace McMullen, RN, NHA, MHA, CLNC

Presenters will describe the survey process as defined by CMS Federal Certification Regulations and PA Department of Health Licensing Requirements.

- Review the types of surveys and differentiate among them
- Outline the scope and severity levels
- Discuss Informal Dispute Resolution process
- Review the sanctions from survey process

Continued --->

**Thursday, June 13, 2013**

**DAY 2 – Thursday, June 13, 2013 - Session 3**

**8:30 AM - 12:30 PM** **CURRENT FEDERAL AND STATE LONG TERM CARE REGULATIONS – ENSURING THE DELIVERY OF QUALITY CARE**

**Candace McMullen, RN, NHA, MHA, CLNC**

**Attendees will understand the federal long-term care regulations governing nursing facilities. The most commonly cited regulations will be discussed and strategies for maintaining compliance will be reviewed.**

**10:30 AM - 10:45 AM** Refreshment Break

**12:30 PM - 1:30 PM** Lunch

**3:00 PM - 3:15 PM** Refreshment Break

**DAY 2 - Thursday, June 13, 2013 - Session 4**

**1:30 PM - 4:30 PM** **THE SURVEY PROCESS – *Always Being Prepared***

**Sophie Campbell, MSN, RN, CRRN, RAC-CT and**

**This session will review the survey process, from preparation to entrance and exit conferences. Attendees will learn about the most often cited federal and state deficiencies, as well as strategies for being prepared.**

- **Demonstrate how to acquire and utilize the facility's CASPER Report**
- **Discuss on going preparation**
- **Review the entrance and exit conference**
- **Outline communication with survey team members**
- **Discuss the advantages of 'mock surveys'**

**Continued --->**

**Friday, June 14, 2013**

**DAY 3 – Friday, June 14, 2013 - Session 5**

**8:30 AM - 4:00 PM MDS 3.0 - ASSESSMENT MANAGEMENT FOR DONs**

**Sophie Campbell, MSN, RN, CRRN, RAC-CT**

**This full day program will focus on the relationship between the MDS 3.0, RUGs IV and reimbursement. Effective nursing management of medical record documentation, management of the assessment office and understanding the impact that nursing care and services can have on reimbursement. Attendees will learn systems and processes for managing Medicare and Medicaid reimbursement through effective and efficient medical record documentation, communication of resident care and service needs and involvement in meetings. Additionally, we will review activities of daily living and restorative nursing, as well as appropriate referrals to rehabilitation therapy services.**

**Day 3 – Friday June 14, 2013 – Session 6**

**REVIEW OF THE QUALITY MEASURES**

**Sophie Campbell, MSN, RN, CRRN, RAC-CT**

**This session is a continuation of the session related to MDS assessment management for DONs. The attendees will learn the changes in the quality measures and the medical record documentation that can provide support for or refute of the quality measures. The presenter will also discuss the conversion of the quality measure data into information and systems for using the quality measure information to achieve performance improvement.**

**10:15 AM - 10:30 AM Refreshment Break**

**12:00 PM - 1:00 PM Lunch**

**2:15 PM - 2:30 PM Refreshment Break**

## **Faculty**

### **Sophie A. Campbell, MSN, RN, CRRN, RAC-CT**

Sophie Campbell, MSN, RN, CRRN, RAC-CT is Director of Quality, Education and Compliance for the UPMC Senior Communities. Sophie joined UPMC Senior Communities in September 2012 and has oversight responsibilities for seventeen senior communities including skilled nursing, assisted living, personal care and independent living levels of care. Prior to this, Sophie was a member of the ParenteBeard LLC Senior Living Services Group for thirteen years and has more than 30 years of healthcare experience with an extensive background that includes acute care, acute rehabilitation, long term care and education. The majority of her career has been in long term care. She is a registered nurse who has worked in positions from nursing assistant to supervisor, unit manager and Director of Nursing in both for-profit and not-for-profit providers. Her areas of expertise include operations, staff development, MDS accuracy and education, medical record documentation, compliance, quality assurance, supervisory/management training and monitoring, OBRA survey preparation and strategic planning programs. She is currently responsible for corporate compliance, QAPI and works most closely with the team s delivering restorative nursing services, the assessment nurses, the wound care nurse specialists, the staff development nurses and the infection control preventionists.

Sophie has been an educator for the Pennsylvania State University in the nursing continuing education program. She has presented seminars and provided consulting services to skilled nursing facilities nationally. She has provided educational sessions for PADONA and Leading Age PA both live and through webinars. Sophie has been published twice in *Provider* magazine, has had a chapter published in *Post Acute Sourcebook 2000* and has reviewed OBRA and PPS education manuals for the American Association of Nurse Assessment Coordinators (AANAC).

### **Candace McMullen, RN, NHA, MHA, CLNC**

Candace is Senior VP of Operations/Chief Operating Officer for Affinity Health Services. She has several years of experience in long term care as an RN, Director of Nursing, staff development coordinator, quality assurance nurse and interim administrator. Additionally, Candace has worked for Pennsylvania's quality improvement organization, Quality Insights of Pennsylvania, where she assisted nursing facilities with quality improvement principles. More recently, Candace has experience as an operational nurse consultant and a manager for a large consulting firm. Candace holds both a Bachelor of Science and Master's degree in Health Administration from Penn State University. She serves on the Nurse Reviewer Unit for the Pennsylvania State Nurses Association. Her areas of expertise include nursing facility operations, operations assessment, PPS/MDS/Case Mix enhancement, survey support, staff development and quality improvement.