PADONA /LTCN
Pennsylvania Association of Directors of Nursing Administration

DEDICATED TO SERVICE
COMMITTED TO CARING

NOVEMBER 2014

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PADONA E-News

Dear PADONA Member:

With November just beginning, before we realize it, the winter will be here and all the challenges that season can bring to each of you. The light at the end of the tunnel is our convention, beginning on March 25th. Just a reminder, if you would like to stay at The Hotel Hershey, make your reservations soon by calling, 717-533-2171. The schedule has been changed to allow our attendees more free time to network, relax, shop or perhaps have a massage or manicure in the beautiful spa.

The membership committee is hard at work on developing a facility membership to allow more of your staff to belong and take advantage of our benefits, including an economical means of obtaining CE contact hours. As soon as all of the details are finalized, the bylaws committee will be sending each of you the proposed changes that we will be voting on at the annual meeting.

Ebola has certainly been in the news lately and we will continue to send you updates as they are shared with us. And to those members who shared Ebola information with us, we say thank you. Your input is always welcomed.

I would also like to thank Linda Chamberlain for the article she has provided on the difference between palliative care and hospice. Be sure and watch the video referenced in the attached link.

November 4th is election day. Even though all of you already have a full schedule, it is important to vote for the candidates of your choice.

Susan Piscator
PADONA Chair, Board of Directors / Executive Director

Between Palliative Care and Hospice Care

By: Linda Chamberlain

Palliative care focuses on relieving symptoms related to chronic illnesses and can be used at any stage of illness.

Hospice care is palliative by nature but the illness has progressed to a point where curative treatment is no longer desired/beneficial. Medicare requires a physician to certify that a patient's condition is terminal (life expectancy is 6 months or less).

Treatments are not limited with palliative care and range from conservative to aggressive/curative. Hospice care treatments are limited and focus on palliation of symptoms/comfort.

Palliative care is provided through regular physician and nursing visits. Hospice care services are more comprehensive/inclusive (physician services, nursing services, social worker, spiritual care, bereavement care and volunteers).

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Role of Hospice Care in Dementia

Hospice eligibility for dementia: must have both 1 and 2

Use Reisberg's Functional Assessment Scale (FAST) – must have score of greater than or equal to 7

Stage 7: loss of speech, locomotion and consciousness:

- Sub Stage 7a: ability to speak limited to approximately 1-5 intelligible different words in a day or during an intensive interview
- Sub Stage 7b: all intelligible vocabulary lost
- Sub Stage 7c: non-ambulatory (cannot walk without personal assistance)
- Sub Stage 7d: unable to sit up independently (e,g. will fall over if there are not lateral rests on the chair)
- Sub Stage 7e: unable to smile
- Sub Stage 7f: unable to hold head up

~PLUS~

One or more of the following conditions (within 12 months):

- aspiration pneumonia
- upper urinary tract infection (pyelonephritis)
- septicemia
- multiple pressure sores (stage 3-4)
- recurrent fever after antibiotics
- other significant condition that suggests a limited prognosis
- inability to maintain sufficient fluid and calorie intake in the past 6 months (10% weight loss/6 months or albumin <2.5 gm/dl)

In addition:

- documentation of continued relevance of secondary conditions
- documentation of comorbid conditions impacting prognosis (i.e. CHF, COPD, recent hip fracture)
- documentation of recurrent hospitalizations
- documentation supportive of terminal progression vs. expected chronic decline

Please reference this link for a video published on 10/13/2014 by Dr, Erik Soiferman, Chief Medical Officer, for Fox Subacute for additional information.

Welcome New Member!

- Lisa Dillman - New Dawn Christian Community Services - Area II
- Maura Fisher - Nottingham Village - Area II
- Edna Haase - Messiah Lifeways - Area II
- Toni Kania - Quality Life Services - Area I
- Michelle Panella - Haven Convalescent Home - Area I
- Jacqueline Zaharis - Seton Manor - Area III

Sign Up Early for the PADONA 27th Annual Convention in Hershey March 25-27, 2015

Register early to receive our early bird discount. Please be sure to PAY by November 15, 2014 (not just register by that date) to receive the discounted rate and check the appropriate amount based on your membership status.

Below is a sampling of our speakers and tentative lecture titles:

- Balancing Your Life in the Midst of Change – Kathleen Pagana Ph.D, RN
- Documentation and Legal Risks – Paula Sanders Esq.
- Leading from Your Seat – Leta Beam
- MDS 3.0 Basics for DONs – Sophie Campbell MS, RN, CRNRN, RAC-CT
- Inappropriate Medications in the Elderly - What to Stop and Start – Emily Mallit Pharm.D
- Pressure Ulcers: Choosing the Right Treatment – Nancy Morgan RN, BSN, MBA, WOC, WCC
- Dining Standards and Culture Change – Becky Weber MS, NHA
- Dementia Care Focused Survey – Tina Hess BS, CMC, CCG

Register and Pay today at http://www.padona.com/pennsylvania-pa-geriatric-nursing-continuing-education.html