



# PADONA /LTCN

Pennsylvania Association of  
Directors of Nursing Administration

DEDICATED TO SERVICE  
COMMITTED TO CARING

DECEMBER 2014



## **How to Reach Us:**

**Susan Piscator,**  
**Executive Director**  
**660 Lonely Cottage Drive**  
**Upper Black Eddy,**  
**PA 18972**  
**610-847-5396 /**  
[padona@epix.net](mailto:padona@epix.net)

**Terri Gabany,**  
**Area I President**  
[tgabany@extendicare.com](mailto:tgabany@extendicare.com)

**Maureen Kelly**  
**Area II President**  
[mkelly@countrysidechristiancommunity.org](mailto:mkelly@countrysidechristiancommunity.org)

**June Bummer,**  
**Area III President**  
[jptrjn@yahoo.com](mailto:jptrjn@yahoo.com)

**Susan Piscator,**  
**Editor**  
[padona@epix.net](mailto:padona@epix.net)

**Candace Jones,**  
**Administrative Director**  
[padonaadm@aol.com](mailto:padonaadm@aol.com)

**Sue Keogh,**  
**Asst Editor /Webmaster**  
[jim49sue@epix.net](mailto:jim49sue@epix.net)

## PADONA E-News



Dear PADONA Member:

I hope each of you had a pleasant Thanksgiving. Along with the approach of the holiday season comes the proverbial tempestuous weather.

Convention preparation is in full swing. I wanted to share with you that PADONA is having a mobile app developed for the convention. This will mean each of you with a confirmed convention registration will be sent instructions on how to download the app prior to convention. You will no longer have the spiral notebooks at convention, but rather go onto your mobile device, (smartphone, tablet or laptop) to view the convention schedule, speaker presentations, list of attendees, exhibitor floor plan, etc. Basically all the information that you were given in paper form in prior years will now be part of this app. The option will be available to print any of the material you want prior to coming to convention or after convention if that is your preference. Yes, this will be a big change for all of us, but certainly more environmentally friendly than the thousand and thousands of sheets of paper we have utilized over the years. And just in case any of us have any questions, we will have a "Tech Table and Representative" available on site.

In the very near future, the Nominating Committee will be emailing to all primary members the call for nominations form. I encourage each of you who are eligible to review the open positions and consider submitting your name for the opportunity to become an officer or board member in PADONA.

As the holiday season approaches, why not share the gift of a PADONA membership with your staff members? They are all welcome. Also, if you are newly retired, or are contemplating retiring, you can still maintain your membership and take advantage of our CE offerings by renewing as an associate member.

Some of you have requested the membership area map and list of counties be part of our website. Thank you for that suggestion. It is now on the website in the membership section as well as part of this e-news.

As the scholarship December 31<sup>st</sup> deadline approaches, please feel free to share the application with your staff who are furthering their education. You are also encouraged to apply for a scholarship to attend the certification course next fall or the 2016 convention. Please be sure that all items requested are submitted when applying.

In closing, I would like to extend holiday greetings to each of you during this special time of the year and wish you a healthy and successful New Year.

*Susan Piscator*  
*PADONA Chair, Board of Directors / Executive Director*



# PADONA/LTCN

Pennsylvania Association of  
Directors of Nursing Administration

DEDICATED TO SERVICE  
COMMITTED TO CARING

DECEMBER 2014  
PAGE 2

## Congratulations Cathy Otto

Chief Operating Officer, Complete HealthCare Resources-Eastern, Inc in Dresher

PADONA would like to congratulate Cathy Otto. She was selected as one of PA's Women Making a Difference for her work in long term care. Read about her accomplishments in the [attached article](#).

## REMINDER: Sign Up for the PADONA 27th Annual Convention in Hershey March 25-27, 2015

Register by January 15, 2015 to avoid the next price increase.

Below is a sampling of our speakers and tentative lecture titles:

- Balancing Your Life in the Midst of Change – Kathleen Pagana Ph.D, RN
- Documentation and Legal Risks – Paula Sanders Esq.
- Leading from Your Seat – Leta Beam
- MDS 3.0 Basics for DONs – Sophie Campbell MS, RN, CRRN, RAC-CT
- Inappropriate Medications in the Elderly - What to Stop and Start – Emily Mallit Pharm.D
- Pressure Ulcers: Choosing the Right Treatment – Nancy Morgan RN, BSN, MBA, WOC, WCC
- Dining Standards and Culture Change – Becky Weber MS, NHA
- Dementia Care Focused Survey – Tina Hess BS, CMC, CCG



Register and Pay today at <http://www.padona.com/pennsylvania-pa-geriatric-nursing-continuing-education.html>

## PADONA Membership Area Map

| <u>AREA 1 -<br/>Yellow Sticker</u> |              | <u>AREA 2 -<br/>Blue Sticker</u> |                     | <u>AREA 3 -<br/>Red Sticker</u> |
|------------------------------------|--------------|----------------------------------|---------------------|---------------------------------|
| Allegheny                          | Forest       | Adams                            | Lancaster           | Berks                           |
| Armstrong                          | Greene       | Bedford                          | Lebanon             | Bucks                           |
| Beaver                             | Indiana      | Blair                            | Lycoming            | Carbon                          |
| Butler                             | Jefferson    | Bradford                         | Mifflin             | Chester                         |
| Cambria                            | Lawrence     | Centre                           | Montour             | Delaware                        |
| Cameron                            | McKean       | Clinton                          | Northumber-<br>land | Lackawanna                      |
| Clarion                            | Mercer       | Columbia                         | Perry               | Lehigh                          |
| Clearfield                         | Somerset     | Cumberland                       | Potter              | Luzerne                         |
| Crawford                           | Venango      | Dauphin                          | Snyder              | Monroe                          |
| Elk                                | Warren       | Franklin                         | Sullivan            | Montgomery                      |
| Erie                               | Washington   | Fulton                           | Tioga               | Northampton                     |
| Fayette                            | Westmoreland | Huntingdon                       | Union               | Philadelphia                    |
|                                    |              | Juniata                          | York                | Pike                            |
|                                    |              |                                  |                     | Schuylkill                      |
|                                    |              |                                  |                     | Susquehanna                     |
|                                    |              |                                  |                     | Wayne                           |
|                                    |              |                                  |                     | Wycoming                        |



## Reprint of Drug Diversion in Nursing Homes

By Bethany Schultz, Pharm.D., Clinical Consultant Pharmacist

The most common medications diverted in healthcare facilities are those that relieve pain or alter mood or consciousness. [Read more.](#)

## Membership to PADONA

Please submit the renewal form you receive via e-mail when you renew your membership with PADONA. That way, it is quickly evident if there is any change in title, phone number, etc. when you mark your changes on the form. Using a new application makes it necessary for every single entry on the form to be double-checked to be sure the information in our data base is correct.

Some members may not be receiving their renewal notice because we don't have the most recent e-mail address, it goes to spam or a facility policy does not allow attachments, etc. Please pass the word if you know of anyone not receiving our information: they need to make sure they can receive e-mail from us at [padonaadm@aol.com](mailto:padonaadm@aol.com) - including attachments, so that they receive renewal notices as well as the latest information on programs, DOH updates, etc. Memberships will be voided 60 days after the expiration date if dues are not received. You will be receiving your renewal confirmation letters via e-mail with a printable certificate.

## Scholarships Applications

Applications for PADONA scholarships are due by December 31, 2014.

In the past our scholarships have been available only to those individuals attending a qualified program at a school in Pennsylvania. This year PADONA is pleased to announce that individuals with a permanent address in Pennsylvania attending an eligible program in another state may also apply for a scholarship.

Please read the application fully and submit all required documents, including essay and/or recommendation letters. Only complete applications will be considered.

### Scholarship Application

## Welcome New Members!

- Jill Ann Arbiz - Kendal at Longwood - Area III
- Karen Cassells - Inglis House - Area III
- S Tamara Charlot - Homeland Center - Area II
- Diane George - Nugent Convalescent Home - Area I
- Christina Gibson - Riddle Village - Area III
- Steven Harner - Tremont Health and Rehabilitation Center - Area III
- Bobbi Heller - Lutheran Retirement Village at Utz Terrace - Area II
- Penny Hoch - Mulberry Square - Area I
- Robin Hollenbach - Weatherwood Nursing and Rehabilitation - Area III
- Tracy Ann Hughes - Grove Manor - Area I
- Alvin Kahn - Alvin Kahn & Associates, LLC - Area III
- Shari Kennedy - Claremont Nursing and Rehab Center - Area II
- Marianne McCarthy -Kendal Crosslands Communities -Area III
- Denise Pfingstler - Highland View Healthcare - Area I
- Cheryl Renitsky - Pennswood Village - Area III
- Melissa Rhinehart - The Jewish Home of Greater Harrisburg - Area II
- Yvonne Ross - Luther Acres Manor - Area II
- Joyce Sternberg - Pennswood Village - Area III
- Mary Traber - Pennswood Village - Area III
- Geraldine Uche - Homeland Center - Area II
- Tawnya Walter - Kinkora Pythian Home - Area II
- Patricia Weigle - Cross Keys Village - The Brethren Home Comm - Area II