



PADONA E-NEWS

Pennsylvania Association Directors
of Nursing Administration / Long
Term Care (PADONA/LTC)

April 2013

Chairman of the Board Message

Greetings PADONA members: It is hard to believe that convention number 25 is now history and we are in the midst of planning number 26. I sincerely want to thank each of you for your ongoing support and interest in PADONA. The success that PADONA has had over the years is gratifying and certainly due to each and every one of you.

PADONA has had five companies which have exhibited at all 25 conventions. We proudly presented awards to Brockie Pharmtech, Carstens, Mobilex, Omnicare and Skil-Care for their dedicated commitment. Concurrently, five members have never missed a convention. The members recognized this year were June Bummer, Linda Chamberlain, Beverly Doorly, Linda Long and Michele McBeth.

I would like to thank our retiring board members: Linda Long, Area I President for her years of dedication and service and for keeping us up to date on necessary bylaw changes; Norma Meredith, Area II Vice President not only for her dedication to PADONA but for her service as Membership Committee Chair; and Nancy Newcomb, Area III board representative. On behalf of the entire BOD and the membership I say thank you for your years of dedication.

It was gratifying to have so many willing to have their names placed on the ballot this year. Congratulations to newly elected Area I President Terri Gabany, as well as Area I representatives Sophie Campbell and Wendy Karlovic, Area II representatives Donna Klarsch and Debra Wright and Area III representatives Lois Pasco and Patt Vitale. I am

looking forward to working with each of you in the year ahead.

Thank you to those of you who took the time to share your thoughts and suggestions on the convention evaluation. After reading all the comments I have shared them with the Board of Directors and we will be reflecting on them at the next board meeting.

Lastly I would like to thank Candace Jones for her untiring efforts in making this convention extremely successful. Believe me when I say, without her, it couldn't have been accomplished this successfully. Thank you Candy!!

Susan Piscator

Convention Overview

As I drove home on Friday the 5th following PADONA's Twenty-fifth convention, I felt a sense of renewed energy and contentment. Since Tuesday I had spent time with some of my dearest peers and friends in addition to meeting new and promising nurses in long term care. I had attended all twenty-five con-

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Dedicated To Service
Committed To Caring

We're on the Web!
www.padona.com

Don't miss the following upcoming educational opportunities:

May 30, 2013 - 1:00-2:30 PM

**Webinar: Quality Measures -
Understanding the Clinical Implications**

June 12 - 14, 2013

Don't Just Survive-Thrive: A Prep Course for DONs and ADONs



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ventions and PADONA was still able to instill those feelings. What celebrations we had - a vendors appreciation reception and Gala reception with an ice sculpture featuring the PADONA logo, an ice cream social, a 70s party - just to name a few. The Hotel Hershey certainly added to the sense of being pampered.

In reflecting on the events of the week, these were some of my thoughts... "A Legacy of Service - A future of Opportunity" - what "Legacy" had PADONA given me? The legacy involved professional growth as a new DON and networking with seasoned DONs. The legacy involved health care networking for all the challenges I faced being a leader. The legacy provided me with an educational resource to be a better leader. "A Future of Opportunity" - the health care industry is certainly different and was constantly changing in these past 25 years. PADONA has given me tools to manage the challenges of tomorrow and improve resident care. Isn't that what it's all about?

The convention had speakers and sessions that did just that! How about those motivational speakers? "WYDIWYG" - **What you do is what you get.** Don't forget to SMILE. Sensitize your desensitized staff - reminders as to why we became nurses to begin with. Other sessions included review of care planning, diabetic management, hospital readmissions, re-energizing, staff education, emergency preparedness and medication cost management.

The Department of Health has also partnered with PADONA and we had the privilege of meeting Michael Wolf, Acting Secretary of Health

during our business meeting. Susan Williamson, Director of the Division of Nursing Care Facilities for the Department of Health gave a reassuring message that the survey team are in partnership with long term care facilities. We've come a long way in building that positive relationship!

Preparation for PADONA's Twenty-sixth Annual Convention will begin in the next few months. We strive each and every year to make it better. I look forward to seeing each of you again.

Bev Doorly, RN

Convention Committee Chair

PADONA Area Updates

Area I

It has been a very fast and hectic year; with so many changes around long term care it has been hard to keep up. We have sponsored several area dinner meeting this year with good attendance. I personally have found these meetings to be a great time to learn about new medications and services, but also a great time to interact with other nurses from other facilities. I urge you to watch for the invitations to these meetings and bring your staff to meet and learn and talk with their peers.

I am formally leaving the PADONA board of directors after many years of service. I have been rewarded on so many levels being active in PADONA - I have made so many long lasting friendships, and have learned so much from all of you. I am very happy that Terri Gabany is stepping up into the Area I President's position. If you want to be part of this great

organization, I urge you to investigate the many areas where you can serve. Please call Terri and ask her how you can help or tell her what you are willing to do. She needs your support and welcomes your ideas.

I look forward to seeing you at area meetings and at next year's convention.

Linda Long, RN

Area I President

Area II

I want to thank the membership for another fantastic year supporting our local meetings, dinner seminars, scholarship applications and scholarship fund raising through the 50/50.

This was a year of changes for us in long term care as well as our vendors. Our evening seminars were not held with the frequency of 2011 but we are hoping for a strong year in 2013. Several vendors have come forward with offers and we will keep you posted as topics are selected and dates set.

I want to thank Norma Meredith for her commitment and support of Area II as Vice President. Also a big thank you goes out to Donna Klarsch who has been serving as our Area II representative to the board. Along with those thanks I would also like to welcome Debra Wright as Area II's newest board representative. We are looking forward to a wonderful year of education and networking.

Please feel free to contact any of your three Area II representatives

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Area Updates, Continued

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with ideas/topics for education and offering of speakers. I am also aware of two local groups in Area II that meet on a routine basis, one in the Lancaster area and one in the Williamsport Area. If you have a cluster of facilities that would like to start a support group please allow us to help refer you to members that can make that venture easy and successful. Local groups are a fantastic way to continue networking all year through until we meet again at Convention 2014.

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Debra Wright
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Donna Klarsch
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Robin Phillips, RN
 Area II President

Area III

Area III had a busy year. We started in May with a documentation seminar at Peter Becker Community with Jan Gerber. We also had dinner meetings hosted by Silvercare at the Melt in Center Valley and Shula's in Conshohocken. In June there was a wound care seminar at the Sheraton in Philadelphia. In July the Department of Health hosted a flu seminar at Einstein Hospital in Philadelphia. August took us to Wesley Village for a dinner meeting sponsored by Hill-Rom. Novartis sponsored a demen-

tia seminar at the Cafe in September. In October Amgen sponsored an Osteoporosis dinner meeting at the Blue in Bethlehem. Moravian Hall Square invited us to a dementia dinner meeting and Peter Becker hosted a dental service meeting given by Summit Service. In November Novartis again hosted a dementia dinner meeting at The Cafe in Clark Summit. Phoebe Home and Lehigh County Community College hosted a day-long aging program with Keynote speaker Larry Mannix. And in December Novartis hosted a dinner meeting at Bazil's restaurant in Scranton.

There was another dinner meeting on April 11th at Maggiano's in King of Prussia on Confronting Challenges in Long Term care sponsored by Novartis.

As you can see we try to offer programming throughout our eastern region. Dinner meetings are a great way to introduce your staff to PADONA and also offer them a discount on PADONA Membership.

We also hope more of you will invite your PADONA peers to new unit openings or events in your facilities that you want to share. If you have any questions or want to host an event please let me know. It is a pleasure to serve you.

Jane Bummer, RN
 Area III President
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Congratulations!

Congratulations to our scholarship winners this year:

Theresa Adigwu received \$1000 towards her BSN degree at Grand Canyon University.

Stephanie Gombert received \$1000 towards her BSN degree at Kaplan University.

Debra Wright received \$1000 toward her Certified Geriatric Care Manager degree at College Misericordia.

The 2014 Convention Scholarship was awarded to **Amy Rivera** and our DON Prep Scholarship went to **Kimberly Viboch**.

Forever Members

PADONA would like to recognize those individuals who have been with the organization for its entire existence:

Linda Chamberlain
Barbara Hambley
Sharon Hoke
Sharron Huck
Linda Long
Michelle McBeth
Barbara Palmer
Susan Piscator
Martha Wess

*Thank you for your continued support
 and for making PADONA
 the organization it is today!*

**PADONA's 26th
 Annual Convention will be held
 April 2-4, 2014
 at The Hotel Hershey
 with pre-convention sessions
 on Tuesday evening, April 1st**